



June 2019



Fall is a busy time for EFF and I want to share an update on recent and future upcoming educational programs. The EFF/ASBMR Forum, recently held at ASBMR in Orlando, wrapped up a very successful daylong session. Under the tutelage of Dr. John Bilezikian and a remarkable faculty, over 60 participants spent the day in an intensive bone and mineral metabolism experience. This program is an annual offering of EFF and should not be missed by fellows with an interest in bone for 2020.

The EFF preceptorship in Diabetes will be held in November at Columbia University. 8 Fellows will be spending a week long preceptorship in all aspects of diabetes and metabolism. This is our third year offering this program and has been extremely valuable for fellows who would like a more intensive diabetes training experience.

The EFF Diabetes Clinical and Research Program is in Dallas in early February. Fellows spend 2 days with a remarkable faculty of Doctors; Ralph Defrozo, Charles Burant, Derek Leroith and Silva Arslanian working both on presentation skills, poster session training, interactive didactic sessions and a hands on session developing a research project from the ground up. It's a remarkable opportunity to work closely with a top notch faculty. **Four openings remain for this program and I highly encourage those of you with a career interest in diabetes to join us in Dallas!**

### 2020 Forum on Diabetes, Obesity & Metabolism - Applications being accepted

This highly sought program begins on February 6, 2020 with a practice session for all fellows attending to receive positive feedback on presentation skills & research project followed by a buffet dinner. On Friday February 7th we continue with a welcome from Dr. Mark Stolar and hear oral presentations from 10 attending fellows. Dr. Ralph DeFronzo provides a plenary lecture which is later followed by work groups where attendees are offered a 1:5 interaction with faculty members. Closing the evening is a poster presentation from the remaining 15 attending fellows. The program closes Saturday with presentations from Dr. Derek LeRoith, Dr. Chuck Burant & Dr. Silvia Arslanian.

**We have 4 open spaces for any US based fellow for this forum. Please submit a Letter of Interest, Letter of Support & CV by close of business October 18th for consideration. All travel expenses up to \$750 ground transportation or airfare & 2 nights hotel stay will be covered by EFF.**

## Case Reports and Its Relevancy

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Case reports are a time-honored, important and integral part within the medical literature, and represent a growing importance of valuable clinical medical information. (1) Parkinson's disease, and Kaposi's Sarcoma are only a few examples of famous diseases first described in a case report format, making us acknowledge the value of case reports. Case reports are valuable resources of new and unusual information that may lead to vital research and advances in clinical practice that improve patient outcomes.

Despite the fact that it lies at the bottom of the evidence based classification, the value and contribution of case reports to the advancement in medicine is huge, and it will be alike in the future. There are 190.703 citations with the term "case report" until November 2018 in PubMed database.(2)

[READ MORE](#)

## Upcoming EFF Events

### **Preceptorship in Adult Diabetes**

November 11-16, 2019  
New York, NY

### **Forum on Diabetes, Obesity & Metabolism**

February 6 - 8, 2020  
Dallas, Texas

### **Forum on Metabolic Bone Disease**

September 9 - 10, 2020  
Seattle, WA

## Upcoming Endocrinology Events

### **Endocrine Society**

March 28-31, 2020  
San Francisco, CA

### **American Diabetes Association**

June 12-16, 2020  
Chicago, IL

### **ASBMR 2020 Annual Meeting**

September 11-14, 2020  
Seattle, WA

Endocrine Fellows Foundation [www.endocrinefellows.org](http://www.endocrinefellows.org)

