



FOUNDATION NEWS



Q1 2020



Mark Stolar, MD
EFF President

We have just returned from an invigorating weekend hosting the EFF Fellows forum in Diabetes Research in Dallas. 23 fellows from 20 different programs spent 2 days presenting their grant awarded research or posters to an exceptional faculty of **Ralph DeFronzo, Derek LeRoith, Silva Arslanian** and **Chuck Burant**. The quality of fellow research and the scientific thought in presentations as well as the skill of presentation never ceases to amaze me, and this year's group was the best to date (**#bestever**).

On Friday all fellows engaged in an exercise of creating, developing and then presenting a research project of their design under the guide of their assigned mentor. Amazing creativity and talent were on display and the team selected as prize winners worked under the skilled direction of...me! Congratulations to the team: **John Graham, Marissa Lightbourne, Shilpa Mehta, Lauren Richter, Nina Suda, and Daniel Zeve**.



My hearty congratulations and thanks to all of the fellows who chose to participate this year: **Alison Affinati, Rachel Blair, Furkan Burak, Xi (Stephen) Chen, Aoife Egan, John Graham, Talia Hitt, Jennifer**

Ikle, Joseph Kindler, Olga Lavrynenko, Marissa Lightbourne, Mona Mashayekhi, Shilpa Mehta, Natalie Nokoff, Asha Pathak, Daniela Pirela, Lauren Richter, Stephanie Samuels, Amy Seagroves, Nina Suda, Zehra Tekin, Arushi Verma, and Daniel Zeve.

In the past we have restricted this 25 fellow meeting to grant awardees and research grant applicants, but in 2021 will open the meeting to all applicants with an interest and background in diabetes and hope that we will see some of you next year in Dallas!

The future of diabetes resides in the hands of all of you and after a weekend in Dallas, the future seems most bright!

Preceptorship in Metabolic Bone Diseases 2020 - Application Link

**Applications being accepted through Friday March, 13, 2020
for the Preceptorship in Metabolic Bone Diseases May 26 - June 5, 2020
at the Columbia University Medical Center.**

The Preceptorial in Metabolic Bone Diseases, sponsored by the Endocrine Fellows Foundation, is conducted at the Columbia University Medical Center, Division of Endocrinology. The faculty that will be conducting this Preceptorship in the Metabolic Bone Diseases Unit is comprised of Drs. **John P. Bilezikian, Ethel S. Siris, Elizabeth Shane, Shonni J. Silverberg, Edward Guo, Mishaela Rubin, Aubrey Stoch, Allison Pack, Patricia Ducy, Stavroula Kousteni, Serge Cremers, Angela Carelli, Aline Costa, Tara Allmen, Tom Nickolas, Marcella Walker, Adi Cohen, Robert Lindsay, David Dempster, Felicia Cosman, Jeri Nieves, John Williams, Natalie Cusano, James Lee, Randy Yeh, and Michael Yin.**

The faculty engages in a vigorous clinical research program as well as in an active practice. Their expertise extends also to more fundamental research initiatives in the mechanisms of calciotropic hormone action and bone cell biology. Diagnostic and therapeutic approaches used by the group are on the cutting edge of the field, and in many instances, have been defined by their efforts. These approaches include bone mass measurement techniques; application of calciotropic hormones and metabolic bone marker measurements to evaluation and therapy; bone biopsy with histomorphometric analysis (in collaboration with the Regional Bone Center of Helen Hayes Hospital, an affiliate of the Columbia University Medical Center), basic bone cell biology, transcriptional control of bone cell function and the most recent advances in the therapeutics of bone disorders.

Medical Journalism and Open Access

**By Ricardo Correa MD, Es.D, FACP, FACE, FAPCR, CMQ
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Medicine in the 21st Century has evolved into Evidence-Based-Medicine. By this, we mean that we have left behind the paradigm of unipotential knowledge given to us by our esteemed professors and have now entered the era of research where our hypotheses must be tested through scientific method and must be combined by clinical expertise and values and preferences of the patients.

Research and publishing are the foundation of a medical career. Through the application of research and subsequently the publishing of our work we can contribute to the scientific expansion of our chosen fields. We must be capable of producing and spreading knowledge in order for medicine to continuously develop. Each year scientific methodologies and the number of medical researchers increase, urging the need for a platform to depict the medical

community's results.

READ MORE

[Research Grant - Spring Application Link](#)

Upcoming EFF Events

Preceptorship in Metabolic Bone Diseases

May 26 - June 5, 2020

New York, NY

Forum on Metabolic Bone Disease

September 9 - 10, 2020

Seattle, WA

Upcoming Endocrinology Events

Endocrine Society

March 28-31, 2020

San Francisco, CA

American Diabetes Association

June 12-16, 2020

Chicago, IL

ASBMR 2020 Annual Meeting

September 11-14, 2020

Seattle, WA

Endocrine Fellows Foundation www.endocrinefellows.org

